## Remember Our Sick

Joe Colten – (Jan Loveless' brother) – having a CAT scan on his left eye on Tuesday because of pressure on his optical plate Adam Wilfond – hospitalized and in very serious condition after a motorcycle accident

Matt Stepanovich- started chemotherapy July 7<sup>th</sup>
Klaus Mullins- at home recovering from back surgery – still in a
lot of pain

Joan Vance- had some problems with first surgery and will be having her other cataract surgery on July 24<sup>th</sup>
Greg Standridge – taking a more aggressive form of chemo

Greg Standridge – taking a more aggressive form of chemo which is making him very ill - needs lots of prayers
Pat Hagan – under hospice care in final stages of cancer
Melinda Robbins – not doing well - will have a full body scan soon to determine next course of action

#### Shut-ins – need prayers and visits:

Legacy Heights:

Bonnie Vinson – Room #34 Juanita Whitted – Room #62 Norma Tate Jones – Room #44

Russellville Nsg & Rehab:

Joe Miller -Room #317

#### Others Who Need Our Prayers:

Carl Adkisson, Amie Barkley, Jesse/Jennie Branch, Donna Chambers, Chris Chance, Jamie Churchill, Rachel Curtis, Eugene Davis, Shirley Diamond, Randy Ellis, Charles Ensey, Johnny Estes, Mary Grice, Leota Hickey, Pam Lee family, Rose Lee, Letson family, Daniel Loper, Jan Loveless, Jeff/Connie Myers, Becky Miller, Shirley Miller, Julie Moss, Glen/Paulette Oakes, Rod Pfeifer, Cathy Pittman, Jerry Pruitt, Mike Rinke, Pat Robertson, KaLee Robbins, Bob Sims, Michael Tindall, Jon Vance, Joey Vaughn, Justin Vaughn, Barry Walker, Joyce Walters, Shirley Walters, Jay Winters, & Patsy Wisbrock.

Military: Pray for our service men and women:
Eric Richardson

D J Bandy

#### Special Prayer of thanks:

Holly Jennings is coming home today!

# Meeting Times

Sunday Morning Bible Classes 9:45 A.M.

Sunday Morning Worship 10:45 A.M.

Sunday Evening Worship

6:00 P.M.

Ladies Tuesday Bible Class 10:00 A.M.

Wednesday Bible Classes

6:30 P.M.

Minister: Micah Williams Church Office: 479-331-3428 Office Hours: M-F 8:30a-12:30p

Micah Cell: 479-264-9244 Secretary Cell: 479-264-6052 Elders:

Allen Veasman 331-2156 Sid Womack 967-2367 Chris Loper 331-3313

Deacons:

Chris Besterfeldt Donny Forehand Brent Hottinger Rex McDaniel Chris Moss Michael Robbins

July 23, 2017

#### Sunday A.M.

Announcer: Randall Walters Song Leader:Merrell Shoptaw Prayers

> Alan Boatright Allen Veasman

Communion

Podium: Gary Williams

Serve: Tristan Stamps William Robbins Adam Leavell

Blake Walters

Scripture Reading Sid Womack

Shut-Ins

Jeff Myers

Sunday P.M.

Prayers

Brent Hottinger Brett Walters July 30, 2017

#### Sunday A.M.

Announcer: Randall Walters Song Leader:Merrell Shoptaw Prayers

Chris Loper Dan Cloud Communion

Podium: Gary Williams

Serve: Brent Hottinger Brett Cains Brett Walters Chase Chance

Scripture Reading
Shawn Price

Shut-Ins

Donny Forehand

Sunday P.M.

Prayers

Chris Moss Donny Forehand Life Lines

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#### THE FORGOTTEN DISCIPLINE

Excess. That's the inevitable result of an indulgent society. I remember as a kid sharing a can of Dr. Pepper with my mother at the tender age of five. I thought drinking a whole can would be indulgent, excessive. But boy, I wanted my own can! Now you go to the corner store and buy 64-ounce drinks. That's over 5 cans of soda! What used to be indulgent to me looks much smaller in comparison.

Of course, that's just one small example. TV's have gotten bigger, better, and more precise than before. Food has gotten more indulgent, not to mention bigger houses, more entertainment and, of course, more stuff – like clothes, electronics, cars, and a host of other things we don't truly need.

All that is said to make a point. There is a quality peppered throughout the New Testament as a description of a good candidate for elders and deacons and as a quality needed by a person following Christ. It's called **temperance.** In English, the word simply means in moderation, but the two Greek words that are used for temperance both have a similar meaning. It's the idea of inward control or control of self from within. People who are temperate understand the need for moderation and the fact that God should control them, not their own outward desires.

(continued on inside page)

#### The Forgotten Discipline, continued from front page

It's a forgotten discipline, chiefly because people rarely see the need for it. In a culture where indulgence is woven into our culture, where spending and debt go hand in hand, and where instant gratification is an expectation, why be moderate in all things? Paul gives an answer in I Corinthians 9:24-27:

"Do you not know that those who run in a race all run, but one receives the prize? Run in such a way that you may obtain it. And everyone who competes for the prize is temperate in all things. Now they do it to obtain a perishable crown, but we for an imperishable crown. Therefore, I run thus: not with uncertainty. Thus, I fight: not as one who beats the air. But I discipline my body and bring it into subjection, lest, when I have preached to others, I myself should become disqualified."

For a runner, moderation is important. Your diet, your lifestyle, your indulgences are all in moderation so that you can compete in a race. That idea is translated to spiritual goals. We discipline our cravings, our behavior, our thoughts, and our actions to be qualified to run a race we're all competing in: not against others, but against ourselves. We run with temperance so that we are not controlled by external forces, but through the discipline of God's will and counsel. We run and fight, not for a perishable reward, but an imperishable crown.

If we want to run God's race, we need to develop that internal control over our external desires and be content with that which satisfies the body, so we can feed the soul. Let's all develop temperance in all things and glorify God with what we've been given.

Michael Orr Saginaw, TX church of Christ

"But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, meekness, temperance: against such there is no law." Galatians 5:22-23

### Announcements:

There will be a potluck fellowship dinner next Sunday evening, July 30th after the evening service. Please sign up today to bring something to share. We will be honoring the newest members of the congregation: Doug and Lynn Gross and Mark Wimbush. Please make plans to come and get to know these members a little better.

Chris Moss, Karen Womack, Sid Womack, and Dot King will be leaving on Saturday, July 29<sup>th</sup> to spend a week working in Nicaragua. Please pray for a safe and productive trip for this team of servants.

The deadline for preparing the Smile Boxes for the children of Nicaragua has been moved up this year to try to get them delivered in a more timely manner. This means we will be needing your donations for the boxes earlier than usual. We will be putting the boxes together on Saturday, August 26<sup>th</sup> beginning at 9 am in the basement. We also need to begin collecting the \$1000 shipping cost. If you do not usually contribute to the boxes, please consider helping with the shipping cost for this worthy project. Give your donations to Karen or Charlene.

There will be a Gospel Singing @ the Dardanelle church of Christ on Sunday, July 30<sup>th</sup> @ 2 pm. Everyone is invited to attend.

Dover's own Russ Bus project continues to take snack packs to the homeless each Monday. The item to bring this week is Vienna sausages and peanut butter crackers. Thanks for your help! JULY BIRTHDAYS

- 6 Diane Walters #1
- 17 Kim Statler Rex McDaniel
- 23 William Robbins Emily Walker Earl Whitted
- ?5 Becky Miller
- 26 Brody Lovell
- 31 Kim Miller

Next Ladies' Night @ Sandra Boatright's August 17, 6:30 pm

Next Men's Business Meeting August 14 @ 7pm

July 29
Jeff Myers
Greg Widner
August 5
Marion Helton
Alan Boatright

#### Devotional by Phil Ware

"My prayer is not for them alone. I pray also for those who will believe in me through their message, that all of them may be one, Father, just as you are in me and I am in you. May they also be in us so that the world may believe that you have sent me."

John 17:20-21

Few things are more precious than knowing that Jesus, on the night he was betrayed, thought to pray for us! So often, we read the words of John 17 and study them as a prayer for his apostles in the upper room. But if we look closely at this passage, we see that Jesus prays for us, those who believe on him because of the apostles' testimony. He wants us to be one! He wants us to live with the same unity, purpose, and character of God that he did. If we do not, then how will the world know that God sent his Son? How will they know what to believe? How will they find Jesus as their Savior?

www.heartlight.org

Lawn Care