

Remember Our Sick

Mary Stamps – Was not able to get chemo treatment last week, due to her blood count being too low.

Mary McAlister – Is having a defibrillator/pacemaker combination put in Tuesday, February 4th.

Eugene Davis – Is in the Baptist Hospital in Little Rock. Lung biopsy was done this past Friday. Waiting on results.

Earl Whitted – Is in rehab at the Clarksville hospital.

Diane Walters #2 – Had foot surgery this past Friday.

Jan Loveless – Had hip repair surgery.

Holden Robbins - (Rance Robbins' grandson) Has water on the brain. Doctor is saying that this might fix itself.

Please keep all those with physical and spiritual needs in your prayers daily.

Shut-ins – need prayers and visits:

Legacy Heights: 900 W. 12th St., Russellville, AR 72802

Bonnie Vinson – Room #34

Juanita Whitted – Room #62

Norma Tate Jones – Room #44

Others Who Need Our Prayers:

Carl Adkisson, Amie Barkley, Carolyn Bennett, Sandra Boatright, Joyce Briscoe, Nina Cain, Donna Chambers, Cheryl Cathers, Rachel Curtis, Carolyn Dover, Johnny Estes, Yolanda Greenway, Leota Hickey, Joan Hudson, Francis Kennedy, Rose Lee, Letson family, Daniel Loper, Chandler Mathes, Becky Miller, Kaeli Miller, Julie Moss, Jannie Myers, Glen/Paulette Oakes, John Presley, Liliya Robertson, Melinda Robbins, Rance Robbins, Nina Ryahovskih, Shannon Smith, Tanya Smith, Matt Stepanovich, Michael Tindall, Jon Vance, Justin Vaughn, Marilyn Veasman, Kem Walker, Sandra Walker, Billy Walters, Joyce Walters, and Patsy Wisbrock.

MEETING TIMES

Sunday Morning Bible Classes

9:45 A.M.

Sunday Morning Worship

10:45 A.M.

Sunday Evening Worship

6:00 P.M.

Ladies' Tuesday Bible Class

10:00 A.M.

Men's Tuesday Bible Class

10:00 A.M.

Wednesday Bible Classes

6:30 P.M.

Minister: Micah Williams

Church Office: 479-331-3428

Office Hours: M-F 9:00a-1:00p

Micah Cell: 479-264-9244

Secretary Cell: 479-747-0908

Elders:

Allen Veasman

857-2791

Sid Womack

967-2367

Chris Loper

747-1639

Brent Hottinger

264-5696

Michael Robbins

264-9668

Deacons:

Chris Besterfeldt

Donny Forehand

Rex McDaniel

Chris Moss

Justin Vaughn

Blake Walters

Brett Walters

February 2nd, 2019

Sunday A.M.

Announcer: Randall Walters

Song Leader: Merrell Shoptaw

Prayers

Earl Stamps

Doug Cloud

Communion

Podium: Sid Womack

Serve: Gary Williams

Justin Vaughn

Kevin Nordin

Larry Mahan

Scripture Reading

Donny Forehand

Shut-Ins

Allen Veasman

Sunday P.M.

Prayers

Donny Forehand

Dan Cloud

February 9th, 2019

Sunday A.M.

Announcer: Randall Walters

Song Leader: Merrell Shoptaw

Prayers

Chris Moss

Chris Loper

Communion

Podium: Sid Womack

Serve: Marion Helton

Matthew Moss

Michael Robbins

Paul Helton

Scripture Reading

Charlie Melton

Shut-Ins

Michael Robbins

Sunday P.M.

Prayers

Brett Walters

Brody Lovell

Life Lines



Dover Church of Christ

Dover, Arkansas 72837-0299

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“Stay focused and Be Productive”

Those are the words with which I traditionally take my leave from Ana each morning, as I did with her sister before her. They were both homeschooled and generally self-motivated to do their work. Still, sometimes before and sometimes after I affirm my love for them, I'll challenge them for the day: **“Stay focused and be productive.”**

Multi-tasking is not a real thing. We humans (especially Americans) like to think we can multi-task but it really isn't a real activity, a real ability. What we are actually doing is simply switching between two different activities. But what that switching actually does is that it slows us down. It can slow us down by as much as 40% in our productivity, according to the American Psychological Association.

Researchers from the University of California at Irvine found that when workers are interrupted, it takes about 23 minutes for them to get back on task. And the average worker is interrupted every three minutes! Texts and emails exacerbate the problem as interruptions lead to more interruptions. In a Stanford University study of college students, those who tried to “multi-task” on a regular basis made more mistakes and remembered less than those who multi-tasked less.

Our “multi-tasking” addiction as 21st American citizens has contributed to a spike in diagnoses of Attention Deficit Hyperactivity Disorder. Cases shot up 66% between 2000 and 2010 and rose again between 2011 and 2014. I suspect what has happened is, with cell phones becoming ubiquitous among younger and younger kids, our society has become addicted to distractions.

The apostle Paul challenges us to stay focused as Christians and be productive: **“No soldier in active service entangles himself in the affairs of everyday life, so that he may please the one who enlisted him as a soldier” (2 Timothy 2:4).**

The Hebrew writer tells us, in order to stay focused, to keep our eyes on Jesus: **“Therefore, since we have so great a cloud of witnesses surrounding us, let us also lay aside every encumbrance and the sin which so easily entangles us, and let us run with endurance the race that is set before us, fixing our eyes on Jesus, the author and perfecter of faith, who for the joy set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God” (Hebrews 12:1-2).**

If your goal is to get to heaven, stay focused and be productive.

Your fellow servant in Christ
Paul Holland
Daily Droplets
Swartz Creek Church of Christ

I press on toward the goal for the prize of the upward call of God in Christ Jesus.

Philippians 3:14

Upcoming Events:

***Elders, Deacons and Minister Meeting
is tonight after evening service.***

***The next Men’s Business Meeting
is Monday, February 10th at 7:00 p.m.***

On Sunday morning, February 16th, we will have a Valentine Breakfast from 8:45 to 9:45.

There will be doughnuts, fruit, juice and coffee.

If you would like to bring something,
please feel free to.

Everyone is invited to attend and enjoy breakfast
and fellowship.

There will be no Sweet Sunday Social for the
month of February.

***Ladies’ Night will be February 20th
at 6:30 p.m. in the fellowship room
Hosted by Joyce Helton.***

Cleaning Church Building

**February 8th
Brent & Kelli Hottinger**

**February 15th
Marion & Joyce Helton**

**Please remember the
Russ Bus. If you want to
make a monetary
donation, please see
Amanda Besterfeldt or you
can keep bringing items**

**In Search
of the Lord’s Way
The Search Program
can now be accessed
any time on their
website**

@

www.searchtv.org

**Phil Sanders
weekly lesson can be
heard and seen each
Sunday on**

LR KASN TV 38

@ 7:30 am

DirecTV 307 @ 6:00 am

Dish 42 @ 7:30 am

GBN @ 7:00 pm

February Birthdays

04 Lewis Lambert
08 Mary McAlister
09 Juanita Whitted
Joyce Briscoe
11 Keri Letson
Kristen Nordin
13 Shelby Bryant
15 Zachary Shelton
16 Rachel Curtis
17 Larry Mahan
Payton Walters
19 Carolyn Bennett
20 Kaci Rood
21 Julie Moss
22 Eugene Davis
23 Pat McAlister
24 Earl Kennedy
25 Bobbi Robbins
Angela Widner
27 Caleb Chance

Dover Church of Christ

Children’s Church

Every Sunday

11:15 - 12:00 Noon

Ages 4 thru 8

**Bible Stories and
Activities**

Ages 1 thru 3

Nursery Class

If needed

